# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

**Capital Blue Cross<sup>1</sup>** 

Bronze QHDHP PPO Choice 6300/0/50 STD

Coverage Period: Beginning on or after 01/01/2022

Coverage For: Individual and Family | Plan Type: QHDHP PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <a href="https://www.capbluecross.com/sbcsia">https://www.capbluecross.com/sbcsia</a> or call 1-800-730-7219. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a> or call 1-888-428-2566 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$6,300/Individual, \$12,600/Family preferred in-network providers; \$7,050/Individual, \$14,100/Family <u>non-preferred in- network providers;</u> \$7,050/Individual, \$14,100/Family <u>out-of-network</u> providers. <u>Deductible</u> applies to all services, including <u>prescription drug</u> , before any <u>copayment</u> or <u>coinsurance</u> are applied.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> , amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Yes. in-network preventive services.	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	Yes. \$75 for pediatric dental. There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these <u>services</u> .
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>in-network providers</u> \$7,050 Individual / \$14,100 Family; for <u>out-of-network providers</u> \$10,000 Individual / \$20,000/Family. Combined <u>out-of-pocket limit</u> for <u>network</u> medical and <u>prescription drug</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of <u>in-network providers</u> , see capitalbluecross.com or call 1-800-730-7219.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

			What You Will Pay			
Common Medical Event	Services You May Need	Preferred In-networkNon-Preferred In- network ProviderOut-of-networkProvidernetwork ProviderProvider(You will pay the least)(You will pay the least)(You will pay the most)		Limitations, Exceptions, & Other Important Information		
	Primary care visit to treat an injury or illness	\$50 <u>copayment</u> /Visit	No Charge	50% coinsurance	None	
	<u>Specialist</u> visit	\$85 <u>copayment</u> /Visit	No Charge	50% coinsurance	None	
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/immuni zation	No Charge	No Charge	50% coinsurance	Deductible does not apply to services at in-network providers. You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No Charge for Facility Owned labs, No Charge for Independent Labs and No Charge for tests. No Charge for outpatient radiology.	No Charge for Facility Owned labs, No Charge for Independent Labs and No Charge for tests. No Charge for outpatient radiology.	50% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	50% coinsurance	*See <u>preauthorization</u> schedule attached to your plan document.	
If you need drugs to	Generic drugs	No Charge preferred and No Charge non-preferred (retail) No Charge preferred and No Charge non-preferred (home delivery)			Covers up to a 30-day supply (retail) 90-day supply (home delivery).	
treat your illness or condition More information about	Preferred brand drugs	No Charge (retail) No Charge (home delivery	()	Covers up to a 30-day supply (retail) 90-day supply (home delivery).		
prescription drug coverage is available by calling 1-800-730-7219	Non Preferred brand drugs	No Charge (retail) No Charge (home delivery	()	Covers up to a 30-day supply (retail) 90-day supply (home delivery).		
	Specialty drugs	50% <u>coinsurance</u> /prescription preferred and 50% <u>coinsurance</u> /prescription non-preferred (generic) 50% <u>coinsurance</u> /prescription preferred and 50% <u>coinsurance</u> /prescription non-preferred (brand)			Prescription written for up to 30 days supply. (generic) (brand)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery	No Charge Acute Care Hospital and No Charge	No Charge Acute Care Hospital and No Charge	50% coinsurance	No coverage for services at <u>out-of-</u> <u>network</u> ambulatory surgical facilities	

\*For more information about preauthorization, see the requirements document at <a href="https://www.capbluecross.com/preauthorization">https://www.capbluecross.com/preauthorization</a>.

Common Medical Event	Services You May Need	Preferred In-network Provider (You will pay the least)	What You Will Pay Non-Preferred In- network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	center)	Ambulatory Surgical Center	Ambulatory Surgical Center		
	Physician/surgeon fees	No Charge	No Charge	50% coinsurance	*See preauthorization schedule attached to your plan document.
	Emergency room care	No Charge	No Charge	No Charge	None
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	No Charge	None
	Urgent care	No Charge	No Charge	No Charge	None
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	No Charge	50% coinsurance	*See preauthorization schedule attached to your plan document.
stay	Physician/surgeon fees	No Charge	No Charge	50% coinsurance	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Outpatient office visits: \$85 <u>copayment;</u> all other outpatient services: No Charge	Outpatient office visits: \$85 <u>copayment;</u> all other outpatient services: No Charge	50% coinsurance	None
abuse services	Inpatient services	No Charge	No Charge	50% coinsurance	None
lf you are pregnant	Office visits	\$85 <u>copayment</u> /Visit	No Charge	50% coinsurance	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply.
	Childbirth/delivery professional services	No Charge	No Charge	50% coinsurance	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply.
	Childbirth/delivery facility services	No Charge	No Charge	50% coinsurance	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply.
If you need help recovering or have other special health needs	Home health care	No Charge	No Charge	50% coinsurance	60 visits limit per benefit period. *See <u>preauthorization</u> schedule attached to your plan document.
	Rehabilitation services	\$85 <u>copayment</u> /Visit	No Charge	50% coinsurance	Visit limits per benefit period: 30 visits combined for physical and occupational therapy; 30 visits for speech therapy.
	Habilitation services	\$85 <u>copayment</u> /Visit	No Charge	50% coinsurance	Visit limits per benefit period: 30 visits

Common Medical Event						
		Services You May Need	Preferred In-networkNon-Preferred In- network Provider(You will pay the least)(You will pay the least)		Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
						combined for physical and occupational therapy; 30 visits for speech therapy. (Visit limits not applicable to mental health care or substance abuse services.)
		Skilled nursing care	No Charge	No Charge	50% coinsurance	120 day limit per benefit period
		Durable medical equipment	No Charge	No Charge	Not Covered	*See preauthorization schedule attached to your plan document.
		Hospice services	No Charge	No Charge	50% coinsurance	None
		Children's eye exam	No Charge		Balance of retail charge after \$32 allowance	One exam and one pair of glasses once every 12 months based on last date of service.
	If your child needs dental or eye care	Children's glasses	No Charge for standard frames and lenses. See plan document for non-standard frame benefits.		Balance of retail charge after frames and lens allowance. See <u>plan</u> document.	One exam and one pair of glasses once every 12 months based on last date of service.
		Children's dental check-up	No Charge		20% coinsurance	Deductible does not apply

**Excluded Services & Other Covered Services:** 

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
• Abortion (except in cases of rape, incest, or when the life of the mother is endangered)	Hearing aids	<ul> <li>Routine foot care (unless medically necessary)</li> </ul>			
Bariatric surgery	Long-term care	<ul> <li>Weight loss programs</li> </ul>			
Cosmetic Surgery	Private-duty nursing				
Dental care (Adult)	Routine eye care (Adult)				
Other Covered Services (Limitations may apply to the	se services. This isn't a complete list. F	lease see your <u>plan</u> document.)			
Acupuncture	Infertility treatment				
Chiropractic care	<ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u> or the Pennsylvania Insurance Department at 1-877-881-6388. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>pennie.com</u> or call 1-844-844-8040.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Pennsylvania Insurance Department at 1-877-881-6388.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care and a delivery)	hospital	Managing Joe's type 2 I (a year of routine in-network care of condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li>Specialist <u>copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$6,300 \$85 0% 0%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li>Specialist <u>copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$6,300 \$85 0% 0%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li>Specialist <u>copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$6,300 \$85 0% 0%
This EXAMPLE event includes services like: Specialist office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood work</i> ) Specialist visit ( <i>anesthesia</i> )		This EXAMPLE event includes services like: Primary care physician office visits ( <i>including disease education</i> ) Diagnostic tests ( <i>blood work</i> ) Prescription drugs Durable medical equipment ( <i>glucose meter</i> )		<b>This EXAMPLE event includes services like:</b> Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i>	
Total Example Cost	\$12 700	Total Example Cost	\$5 600	Total Example Cost	\$2.800

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$6,300	Deductibles	\$5,300	Deductibles	\$2,800
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$30	Limits or exclusions	\$0
The total Peg would pay is	\$6,300	The total Joe would pay is	\$5,330	The total Mia would pay is	\$2,800

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#### Language assistance

To talk to an interpreter in your language at no cost, call 800.962.2242 (TTY: 711). Para hablar con un intérprete de forma gratuita, llame al 800.962.2242 (TTY: 711). 欲免费用本国语言洽询传译员 · 请拨电话 800.962.2242 (TTY: 711). Dé nói chuyện với thông dịch viên bằng ngôn ngữ của quý vị không phải mất phí, xin gọi 800.962.2242 (TTY: 711). Для бесплатного разговора с переводчиком на своем языке, позвоните по тел.: 800.962.2242 (TTY: 711). Fa koschdefrei schwetze mit me dolmetscher in deinre Schrooch, ruf 800.962.2242 uff (TTY: 711). 무료 전화 통역 서비스 800.962.2242 (TTY: 711). Per parlare con un interprete nella vostra lingua gratis, chiami 800.962.2242 (TTY: 711) Pour parler à un interpréter dans votre langue sans charges, téléphoner à 800.962.2242 (TTY: 711).

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Pou pale avèk yon entèprèt nan lang ou grastis, rele nan 800.962.2242 (TTY: 711).

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