Capital Blue Cross¹

Silver Advance PPO 4500/20/35

Coverage For: Individual and Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to https://www.capbluecross.com/sbcsia or call 1-800-730-7219. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-730-7219 to request a copy.

Important Questions	Important Overtions Anguare Why This Metters			
Important Questions	Answers	Why This Matters:		
What is the overall deductible?	\$4,500/Individual, \$9,000/Family preferred in-network providers; \$8,550/Individual, \$17,100/Family non-preferred in-network providers; \$8,550/Individual, \$17,100/Family out-of-network providers. Deductible applies to most services, including prescription drugs.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .		
Are there services covered before you meet your deductible?	Yes. Professional services with copays, in-network preventive services.	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .		
Are there other deductibles for specific services?	Yes. \$75 for pediatric dental. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these <u>services</u> .		
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For in-network providers \$8,550 Individual / \$17,100 Family; for out-of-network providers \$10,000 Individual / \$20,000/Family. Combined out-of-pocket limit for network medical and prescription drug.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.		
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.		
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of <u>in-network providers</u> , see capitalbluecross.com or call 1-800-730-7219.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.		
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .		

01/01/2026 - Individual Non Medicare

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred In-network Provider (You will pay the least)	Non-Preferred In- network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$35 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	\$60 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	50% coinsurance	None
	Specialist visit	\$65 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	\$85 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	50% coinsurance	None
	Preventive care/screening/immunization	No Charge	No Charge	50% coinsurance	Deductible does not apply to services at in-network providers. You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance for Facility Owned labs, 20% coinsurance for Independent Labs and 20% coinsurance for tests. 20% coinsurance for outpatient radiology.	No Charge for Facility Owned labs, No Charge for Independent Labs and No Charge for tests. No Charge for outpatient radiology.	50% coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% coinsurance	No Charge	50% coinsurance	*See <u>preauthorization</u> schedule attached to your plan document.
If you need drugs to treat your illness or condition More information about prescription drug	Generic drugs	\$10 copayment/prescription, Deductible does not apply preferred and \$20 copayment/prescription, Deductible does not apply non-preferred (retail) \$25 copayment/prescription, Deductible does not apply preferred and \$50 copayment/prescription, Deductible does not apply non-preferred (home delivery)			Covers up to a 30-day supply (retail) 90-day supply (home delivery).
coverage is available by calling 1-800-730-7219	Preferred brand drugs	\$50 copayment/prescription (retail) \$125 copayment/prescription (home delivery)			Covers up to a 30-day supply (retail) 90-day supply (home delivery).

^{*}For more information about preauthorization, see the requirements document at https://www.capbluecross.com/preauthorization.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred In-network Provider (You will pay the least)	Non-Preferred In- network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Non Preferred brand drugs	\$100 <u>copayment</u> /prescription (retail) \$250 <u>copayment</u> /prescription (home delivery)			Covers up to a 30-day supply (retail) 90-day supply (home delivery).
	Specialty drugs	50% coinsurance/prescrip 50% coinsurance/prescrip 50% coinsurance/prescrip 50% coinsurance/prescrip	tion non-preferred (generic) tion preferred and		Prescription written for up to 30 days supply. / \$800 maximum copayment/prescription preferred and \$1,000 maximum copayment/prescription non-preferred (generic) / \$800 maximum copayment/prescription preferred and \$1,000 maximum copayment/prescription non-preferred (brand)
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance Acute Care Hospital and 20% coinsurance Ambulatory Surgical Center	No Charge Acute Care Hospital and No Charge Ambulatory Surgical Center	50% coinsurance	No coverage for services at out- of-network ambulatory surgical facilities
	Physician/surgeon fees	20% coinsurance	No Charge	50% coinsurance	*See <u>preauthorization</u> schedule attached to your plan document.
	Emergency room care	\$400 copayment/Visit	\$400 copayment/Visit	\$400 copayment/Visit	Copayment waived if admitted inpatient.
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	20% coinsurance	Coinsurance waived for mental health and substance use disorder services.
	Urgent care	\$100 copayment/Visit, Deductible does not apply	\$100 copayment/Visit, Deductible does not apply	\$100 copayment/Visit, Deductible does not apply	None
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	No Charge	50% coinsurance	*See <u>preauthorization</u> schedule attached to your plan document.
stay	Physician/surgeon fees	20% coinsurance	No Charge	50% coinsurance	None

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred In-network Provider (You will pay the least)	Non-Preferred In- network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Outpatient office visits: \$35 copayment/Visit, Deductible does not apply; all other outpatient services: 20% coinsurance	Outpatient office visits: \$35 copayment/Visit, Deductible does not apply; all other outpatient services: 20% coinsurance	50% coinsurance	None
	Inpatient services	20% coinsurance	20% coinsurance	50% coinsurance	None
If you are pregnant	Office visits	\$65 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	\$85 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	50% coinsurance	Depending on the type of services, a copayment, coinsurance or deductible may apply.
	Childbirth/delivery professional services	20% coinsurance	No Charge	50% coinsurance	Depending on the type of services, a copayment, coinsurance or deductible may apply.
	Childbirth/delivery facility services	20% coinsurance	No Charge	50% coinsurance	Depending on the type of services, a copayment, coinsurance or deductible may apply.
If you need help recovering or have other special health needs	Home health care	20% coinsurance	No Charge	50% coinsurance	60 visits limit per benefit period. (Visit limits not applicable to mental health care and substance use disorder services.) *See preauthorization schedule attached to your plan document.
	Rehabilitation services	\$65 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	\$85 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	50% coinsurance	

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred In-network Provider	Non-Preferred In- network Provider	Out-of-network Provider	Limitations, Exceptions, & Other Important Information
medical Event		(You will pay the least)	(You will pay the least)	(You will pay the most)	
					Visit limits per benefit period: 30 visits combined for physical and occupational therapy; 30 visits for speech therapy. (Visit limits not applicable to mental health care and substance use disorder services.)
	Habilitation services	\$65 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	\$85 <u>copayment</u> /Visit, <u>Deductible</u> does not apply	50% <u>coinsurance</u>	Visit limits per benefit period: 30 visits combined for physical and occupational therapy; 30 visits for speech therapy. (Visit limits not applicable to mental health care and substance use disorder services.)
	Skilled nursing care	20% coinsurance	No Charge	50% coinsurance	120 day limit per benefit period. (Limit not applicable to mental health care and substance use disorder services.)
	Durable medical equipment	20% coinsurance	No Charge	Not Covered	*See <u>preauthorization</u> schedule attached to your plan document.
	Hospice services	20% coinsurance	No Charge	50% coinsurance	None
If your child needs dental or eye care	Children's eye exam	No Charge		Balance of retail charge after \$32 allowance	One exam and one pair of glasses once every 12 months based on last date of service.
	Children's glasses	No Charge for standard frames and lenses. See plan document for non-standard frame benefits.		Balance of retail charge after frames and lens allowance. See plan document.	One exam and one pair of glasses once every 12 months based on last date of service.
	Children's dental check-up	No Charge		20% coinsurance	Deductible does not apply

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when the
 Hearing aids life of the mother is endangered)

• Routine foot care (unless medically necessary)

Bariatric surgery

Long-term care

Weight loss programs

Cosmetic Surgery

- Private-duty nursing
- Routine eye care (Adult) Dental care (Adult)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Acupuncture

Infertility treatment

• Chiropractic care

Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform or the Pennsylvania Insurance Department at 1-877-881-6388. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit pennie.com or call 1-844-844-8040.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Pennsylvania Insurance Department at 1-877-881-6388.

Does this plan provide Minimum Essential Coverage?

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? **Not Applicable**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



Total Example Cost

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

¢4 500

\$5.600

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,500
■ Specialist <u>copayment</u>	\$65
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:				
Cost Sharing				
<u>Deductibles</u>	\$4,500			
Copayments	\$20			
Coinsurance	\$1,600			
What isn't covered				
Limits or exclusions				
The total Peg would pay is	\$6,120			

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plans over all deductible	ψ 4 ,500
■ Specialist <u>copayment</u>	\$65
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

■ The plan's overall deductible

Prescription drugs

Total Example Cost

\$12,700

<u>Durable medical equipment</u> (glucose meter)

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In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$4,200	
<u>Copayments</u>	\$400	
<u>Coinsurance</u>	\$0	
What isn't covered		
Limits or exclusions \$		
The total Joe would pay is	\$4,600	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,500
■ Specialist <u>copayment</u>	\$65
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$2,100		
Copayments	\$500		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$2,600		

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NOTICE OF AVAILABILITY OF LANGUAGE ASSISTANCE SERVICES AND AUXILIARY AIDS AND SERVICES

We provide language assistance services and auxiliary aids free of charge by calling 800.962.2242 (TTY: 711).

Ofrecemos servicios de asistencia lingüística y ayuda auxiliar sin costo llamando al 800.962.2242 (TTY: 711).

请致电 800.962.2242 (TTY: 711)获取我们免费提供的语言协助服务和辅助工具。

我們免費提供語言協助服務與輔助工具,若有需要請致電 800.962.2242 (TTY:711).

Мы бесплатно предоставляем услуги языковой поддержки и вспомогательные средства по телефону 800.962.2242 (ТТҮ: 711).

Unter der Rufnummer 800.962.2242 (TTY: 711) stellen wir Ihnen kostenlose Sprachassistenzdienste und Hilfsmittel zur Verfügung.

Chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ và các thiết bị hỗ trợ miễn phí thông qua số 800.962.2242 (TTY: 711).

نوفر خدمات المساعدة اللغوية والمساعدات الإضافية مجانًا عن طريق الاتصال بالرقم 800.962.2242 (TTT: TTY).

800.962.2242 (TTY: 711)번으로 전화하시면 무료로 언어 지원 서비스와 보조 지원 서비스를 제공해 드립니다.

Prestamos serviços linguísticos e de assistência auxiliar gratuitos ligando para o número 800.962.2242 (TTY: 711).

Nous fournissons des services d'assistance linguistique et des aides auxiliaires à titre gratuit au 800.962.2242 (TTY: 711).

Nou bay sèvis asistans pou lang ak èd siplemantè gratis; pou jwenn èd rele nan 800.962.2242 (TTY: 711).

Forniamo gratuitamente servizi di assistenza linguistica e supporti ausiliari chiamando il numero 800.962.2242 (TTY: 711).

અમે 800.962.2242 (TTY: 711) પર કૉલ કરીને નિઃશલ્ક ભાષા સહાય સેવાઓ અને સહાયક સહાય પ્રદાન કરીએ છીએ.

Zapewniamy bezpłatne usługi językowe i pomocnicze pod numerem telefonu 800.962.2242 (TTY: 711).

আমরা ভাষা সহায়তা পরিষেবা এবং সহায়ক উপকরণ বিনামূল্যে প্রদান করি। এর জন্য 800.962.2242 (TTY: 711) নম্বরে কল করুন।

भाषा सहायता सेवाएं और सहायक उपकरण निःशुल्क प्राप्त करने के लिए 800.962.2242 (TTY: 711) पर कॉल करें।

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