



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <https://www.capbluecross.com/sbcsia> or call 1-800-730-7219. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.cciio.cms.gov](http://www.cciio.cms.gov) or call 1-888-428-2566 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall deductible?</b>	\$3,000 individual / \$6,000 family PCP-directed care; \$6,000 individual / \$12,000 family self-directed care; \$6,000 individual / \$12,000 family <a href="#">out-of-network</a> care. <a href="#">Deductible</a> applies to all services, including <a href="#">prescription drug</a> , before any <a href="#">copayment</a> or <a href="#">coinsurance</a> are applied.	Generally, you must pay all the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your deductible?</b>	Yes. Professional services with copays or <a href="#">network preventive services</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without cost-sharing and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there deductibles for specific services?</b>	Yes, \$75/person for pediatric dental. There are no other specific <a href="#">deductibles</a> .	You must pay all the costs for these services up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for these services.
<b>What is the out-of-pocket limit for this plan?</b>	For <a href="#">in-network</a> \$7,350 individual / \$14,700 family; for <a href="#">out-of-network</a> care \$7,350 individual / \$14,700 family combined <a href="#">out-of-pocket limit</a> for <a href="#">network medical</a> and <a href="#">prescription drug</a> .	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
<b>What is not included in the out-of-pocket limit?</b>	<a href="#">Premiums</a> , <a href="#">balance billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a network provider?</b>	Yes. For a list of participating <a href="#">providers</a> , see <a href="http://capbluecross.com">capbluecross.com</a> or call 1-800-730-7219.	You pay the least if you use a <a href="#">provider</a> in the PCP-directed care tier. You pay more if you use a <a href="#">provider</a> in the self-directed care tier. You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
<b>Do you need a referral to see a specialist?</b>	Yes.	This <a href="#">plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services but only if you have a <a href="#">referral</a> before you see the <a href="#">specialist</a> .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limits, Exceptions, & Other Important Information
		PCP-Directed Care (You will pay the least)	Self-Directed Care	Out-of-network Care (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	\$35 <a href="#">copayment</a> /visit	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None
	<a href="#">Specialist</a> visit	\$55 <a href="#">copayment</a> /visit	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None
	<a href="#">Preventive care/screening/immunization</a>	No charge	No charge	50% <a href="#">coinsurance</a>	<a href="#">Deductible</a> does not apply to services for PCP-directed or Self-directed care. You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services you need are preventive. Then check what your <a href="#">plan</a> will pay for.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	No charge x-ray; \$25 <a href="#">copayment</a> -independent clinical labs; \$75 <a href="#">copayment</a> -hospital/facility owned labs.	50% <a href="#">coinsurance</a> for lab and 50% <a href="#">coinsurance</a> for tests. 50% <a href="#">coinsurance</a> for outpatient radiology.	50% <a href="#">coinsurance</a>	<a href="#">Deductible</a> waived lab services at independent clinical labs for PCP-directed care only .
	Imaging (CT/PET scans, MRIs)	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	*See <a href="#">preauthorization</a> schedule attached to your certificate of coverage.

\*For more information about preauthorization, see the Preauthorization Program information attached to your certificate of coverage at [www.capbluecross.com/SBCSIA](http://www.capbluecross.com/SBCSIA).

Common Medical Event	Services You May Need	What You Will Pay			Limits, Exceptions, & Other Important Information
		PCP-Directed Care (You will pay the least)	Self-Directed Care	Out-of-network Care (You will pay the most)	
If you need drugs to treat your illness or condition. More information about <a href="#">prescription drug coverage</a> is available by calling 1-800-730-7219	Generic drugs	\$10 <a href="#">copayment</a> /prescription (retail) \$25 <a href="#">copayment</a> /prescription (mail order)			<a href="#">Deductible</a> waived for generic drugs. Generic substitution applies, see <a href="#">plan</a> documents for details & info on the Advanced Choice <a href="#">network</a> . No coverage for non-participating mail order prescriptions.
	Preferred brand drugs	\$50 <a href="#">copayment</a> /prescription (retail) \$125 <a href="#">copayment</a> /prescription (mail order)			
	Non-preferred brand drugs	\$100 <a href="#">copayment</a> (select non-preferred) (retail Rx) \$250 <a href="#">copayment</a> (select non-preferred) (mail order Rx)			
	<a href="#">Specialty drugs</a>	50% <a href="#">coinsurance</a> after <a href="#">deductible</a> (\$1,000 <a href="#">coinsurance</a> maximum per script)(generic, preferred and select non-preferred brand)	50% <a href="#">coinsurance</a> after <a href="#">deductible</a> (\$1,000 <a href="#">coinsurance</a> maximum per script)(generic, preferred and select non-preferred brand)	No coverage for specialty drug	Only select non-preferred drugs will be covered. Generic Substitution Program applies. No coverage for non-participating specialty prescriptions.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	No coverage for services at non-participating ambulatory surgical facilities
	Physician/surgeon fees	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	*See <a href="#">preauthorization</a> schedule attached to your certificate of coverage.
If you need immediate medical attention	<a href="#">Emergency room care</a>	\$400 <a href="#">copayment</a> /service	\$400 <a href="#">copayment</a> /service	\$400 <a href="#">copayment</a> /service	<a href="#">Copayment</a> waived if admitted inpatient.
	<a href="#">Emergency medical transportation</a>	No charge	No charge	No charge	None
	<a href="#">Urgent care</a>	\$100 <a href="#">copayment</a> /service	\$100 <a href="#">copayment</a> /service	\$100 <a href="#">copayment</a> /service	<a href="#">Deductible</a> does not apply.
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	*See <a href="#">preauthorization</a> schedule attached to your certificate of coverage.
	Physician/surgeon fees	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None

\*For more information about preauthorization, see the Preauthorization Program information attached to your certificate of coverage at [www.capbluecross.com/SBCSIA](http://www.capbluecross.com/SBCSIA).

Common Medical Event	Services You May Need	What You Will Pay			Limits, Exceptions, & Other Important Information
		PCP-Directed Care (You will pay the least)	Self-Directed Care	Out-of-network Care (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$55 <a href="#">copayment</a> /visit	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None
	Inpatient services	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None
If you are pregnant	Office visits	\$55 <a href="#">copayment</a> /visit	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Depending on the type of services, a <a href="#">copayment</a> , <a href="#">coinsurance</a> , or <a href="#">deductible</a> may apply.
	Childbirth/delivery professional services	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Depending on the type of services, a <a href="#">copayment</a> , <a href="#">coinsurance</a> , or <a href="#">deductible</a> may apply.
	Childbirth/delivery facility services	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Depending on the type of services, a <a href="#">copayment</a> , <a href="#">coinsurance</a> , or <a href="#">deductible</a> may apply.
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	60 visit limit. *See <a href="#">preauthorization</a> schedule attached to your certificate of coverage.
	<a href="#">Rehabilitation services</a>	\$55 <a href="#">copayment</a> /visit	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Visit Limit(per benefit period): Physical & occupational-30 combined; speech-30
	<a href="#">Habilitation services</a>	\$55 <a href="#">copayment</a> /visit	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Visit Limit(per benefit period): Physical & occupational-30 combined; speech-30 (visit limits not applicable to Mental Health care and Substance abuse services)
	<a href="#">Skilled nursing care</a>	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	120 day limit.
	<a href="#">Durable medical equipment</a>	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	*See <a href="#">preauthorization</a> schedule attached to your certificate of coverage.
	<a href="#">Hospice services</a>	No charge	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None

\*For more information about preauthorization, see the Preauthorization Program information attached to your certificate of coverage at [www.capbluecross.com/SBCSIA](http://www.capbluecross.com/SBCSIA).

Common Medical Event	Services You May Need	What You Will Pay			Limits, Exceptions, & Other Important Information
		PCP-Directed Care (You will pay the least)	Self-Directed Care	Out-of-network Care (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	No charge	No charge	Balance of retail charge after \$32 allowance	One exam and one pair of glasses once every 12 months based on last date of service.
	Children's glasses	No charge for standard frames and lenses. See <a href="#">plan</a> document for non-standard frame benefits.		Balance of retail charge after frames and lens allowance. See <a href="#">plan</a> document.	One exam and one pair of glasses once every 12 months based on last date of service.
	Children's dental check-up	No charge	No charge	20% <a href="#">coinsurance</a>	<a href="#">Deductible</a> does not apply

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Abortions, except where a pregnancy is the result of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger of death unless an abortion is performed
- Acupuncture
- Bariatric surgery (unless medically necessary)
- Cosmetic surgery
- Dental care (Adult)
- Hearing aids
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care (unless medically necessary)
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Chiropractic care
- Infertility treatment
- Non-emergency care when traveling outside the U.S.

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-ebesa (3272) or [www.dol.gov/ebesa/healthreform](http://www.dol.gov/ebesa/healthreform) or the Pennsylvania Insurance Department at 1-877-881-6388 or [www.ra-in-consumer@state.pa.us](mailto:www.ra-in-consumer@state.pa.us). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: The Pennsylvania Insurance Department at 1-877-881-6388 or [www.ra-in-consumer@state.pa.us](mailto:www.ra-in-consumer@state.pa.us).

### Does this plan provide Minimum Essential Coverage?

**Yes**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet Minimum Value Standards?

**Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

—————To see examples of how this plan might cover costs for a sample medical situation, see the next section.—————

**About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby  
(9 months of in-network pre-natal care and a hospital delivery)**

- The [plan's](#) overall [deductible](#) \$3,000
- [Specialist copayment](#) \$55
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 0%

**This EXAMPLE event includes services like:**

- Specialist office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- Diagnostic tests (*ultrasounds and blood work*)
- Specialist visit (*anesthesia*)

**Total Example Cost**      **\$ 12,800**

**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$3,000
Copayments	\$20
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$3,080</b>

**Managing Joe's type 2 Diabetes  
(a year of routine in-network care of a well-controlled condition)**

- The [plan's](#) overall [deductible](#) \$3,000
- [Specialist copayment](#) \$55
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 0%

**This EXAMPLE event includes services like:**

- Primary care physician office visits (*including disease education*)
- Diagnostic tests (*blood work*)
- Prescription drugs
- Durable medical equipment (*glucose meter*)

**Total Example Cost**      **\$ 7,400**

**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$3,000
Copayments	\$1,200
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Joe would pay is</b>	<b>\$4,260</b>

**Mia's Simple Fracture  
(in-network emergency room visit and follow up care)**

- The [plan's](#) overall [deductible](#) \$3,000
- [Specialist copayment](#) \$55
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 0%

**This EXAMPLE event includes services like:**

- Emergency room care (*including medical supplies*)
- Diagnostic test (*x-ray*)
- Durable medical equipment (*crutches*)
- Rehabilitation services (*physical therapy*)

**Total Example Cost**      **\$ 1,900**

**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$700
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$700</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

- 1 Health care benefit programs issued or administered by Capital BlueCross and/or its subsidiaries, Capital Advantage Insurance Company®, Capital Advantage Assurance Company® and Keystone Health Plan® Central. Independent licensees of the BlueCross BlueShield Association. Communications issued by Capital BlueCross in its capacity as administrator of programs and provider relations for all companies.



## Nondiscrimination and Foreign Language Assistance Notice

Capital BlueCross and its family of companies comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Capital BlueCross does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

**Capital BlueCross provides free aids and services to people with disabilities or whose primary language is not English**, such as qualified sign language interpreters, written information in other formats (large print, audio, accessible electronic format, other formats), and qualified interpreters, and information written in other languages. If you need these services, call 800.962.2242 (TTY: 711).

If you believe that Capital BlueCross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age disability, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance in person or by mail, fax, or email at

### Capital BlueCross

P.O. Box 779880 Harrisburg, PA 17177-9880

800.417.7842 (TTY: 711), fax, 855.990.9001

**CRC@capbluecross.com**

If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW., Room 509F, HHH Building, Washington, D.C. 20201, Toll-free 800.368.1019, 800.537.7697 (TDD). Complaint forms are available at <https://www.hhs.gov/ocr/office/file/index.html>.

### Language assistance

To talk to an interpreter in your language at no cost, call 800.962.2242 (TTY: 711).

Para hablar con un intérprete de forma gratuita, llame al 800.962.2242 (TTY: 711).

欲免费用本国语言洽询传译员 · 请拨电话800.962.2242 (TTY: 711).

Để nói chuyện với thông dịch viên bằng ngôn ngữ của quý vị không phải mất phí, xin gọi 800.962.2242 (TTY: 711).

Для бесплатного разговора с переводчиком на своем языке, позвоните по тел.: 800.962.2242 (TTY: 711).

Fa koschdefrei schwetze mit me dolmetscher in deinre Schrooch, ruf 800.962.2242 uff (TTY: 711).

무료 전화 통역 서비스 800.962.2242 (TTY: 711).

Per parlare con un interpete nella vostra lingua gratis, chiami 800.962.2242 (TTY: 711)

للتحدث مجاناً إلى مترجم للغتك، يرجى الاتصال بـ 800.962.224  
(الهاتف النصي: 711)

Pour parler à un interpréter dans votre langue sans charges, téléphoner à 800.962.2242 (TTY: 711).

Um in Ihrer Sprache gebührenfrei mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 800.962.2242 an (TTY: 711).

දුරකථනයෙන් නොමිලට සාකච්ඡා කිරීමට, 800.962.2242 (TTY: 711) ට කථනා කරන්න.

Aby porozmawiac z tłumaczem w języku polskim, prosze zadzwonic na numer darmowy telefonu 800.962.2242 (TTY: 711)

Pou pale avèk yon entèprèt nan lang ou gratis, rele nan 800.962.2242 (TTY: 711).

ដើម្បីនិយាយជាមួយអ្នកបកប្រែផ្ទាល់មាត់ជាភាសារបស់អ្នកដោយមិនគិតថ្លៃ សូមហៅទៅកាន់ 800.962.2242 (TTY: 711)

Para falar com um intérprete em seu idioma de graça, ligue para 800.962.2242 (TTY: 711).