

MEDICAL POLICY

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|----------------------|--------------------------------------|
| POLICY TITLE | INTRAVENOUS CHELATION THERAPY |
| POLICY NUMBER | MP 4.005 |

| | |
|-------------------------|---|
| CLINICAL BENEFIT | <input type="checkbox"/> MINIMIZE SAFETY RISK OR CONCERN. <input type="checkbox"/> MINIMIZE HARMFUL OR INEFFECTIVE INTERVENTIONS. <input type="checkbox"/> ASSURE APPROPRIATE LEVEL OF CARE. <input type="checkbox"/> ASSURE APPROPRIATE DURATION OF SERVICE FOR INTERVENTIONS. <input checked="" type="checkbox"/> ASSURE THAT RECOMMENDED MEDICAL PREREQUISITES HAVE BEEN MET. <input type="checkbox"/> ASSURE APPROPRIATE SITE OF TREATMENT OR SERVICE. |
| Effective Date: | 2/1/2024 |

[POLICY RATIONALE DISCLAIMER POLICY HISTORY](#)

[PRODUCT VARIATIONS DEFINITIONS CODING INFORMATION](#)

[DESCRIPTION/BACKGROUND BENEFIT VARIATIONS REFERENCES](#)

I. POLICY

Dimercaprol (BAL in Oil) may be considered **medically necessary** for one of the following indications:

- Treatment of arsenic, gold, or mercury toxicity
- Acute lead poisoning when used on concomitantly with Edetate Calcium Disodium injection
- Acute poisoning by mercury salts if therapy begins within one- or two-hours following ingestion

All other indications are considered **investigational**. There is insufficient evidence to support a general conclusion concerning the health outcomes or benefits associated with this procedure for these indications.

Edetate Calcium Disodium (Calcium EDTA) may be considered **medically necessary** for the following:

- Reduction of blood levels and depot stores of lead in lead poisoning (acute and chronic) and lead encephalopathy

All other indications are considered **investigational**. There is insufficient evidence to support a general conclusion concerning the health outcomes or benefits associated with this procedure for these indications.

Deferoxamine mesylate (Desferal®) may be considered **medically necessary** for one of the following indications:

- Acute iron toxicity
- Chronic iron toxicity due to transfusion-dependent anemias

All other indications are considered **investigational**. There is insufficient evidence to support a general conclusion concerning the health outcomes or benefits associated with this procedure for these indications.

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FDA removed the approval for NaEDTA as chelation therapy due to safety concerns. Its use is considered **not medically necessary**.

Off-label applications of chelation therapy are considered **investigational**, including, but not limited to:

- Atherosclerosis/arteriosclerosis (e.g. coronary artery disease, secondary prevention in patients with myocardial infarction, or peripheral vascular disease);
- Multiple sclerosis;
- Arthritis (including rheumatoid arthritis);
- Autism Spectrum Disorders;
- Alzheimer’s disease;
- Diabetes.

There is insufficient evidence to support a general conclusion concerning the health outcomes or benefits associated with this procedure for these indications.

Policy Guidelines

Due to pharmacological property differences and mechanisms of action, each chelation agent only be used as indicated in accordance with the FDA label.

For the below 2 bullet points, most patients should be treated with other modalities. Digitalis toxicity is currently treated in most patients with Fab monoclonal antibodies. The FDA removed the approval for NaEDTA as chelation therapy due to safety concerns and recommended that other chelators be used.

- control of ventricular arrhythmias or heart block associated with digitalis toxicity
- emergency treatment of hypercalcemia.

Suggested toxic or normal levels of select heavy metals are listed in Table 1.

Suggested Toxic or Normal Concentrations of Heavy Metals Table 1

| Metal | Toxic Levels (Normal Levels Where Indicated) |
|--------------|---|
| Arsenic | 24-h urine: greater than or equal to 50 µg/L urine or 100 µg/g creatinine |
| Bismuth | No clear reference standard |
| Cadmium | Proteinuria and/or greater than or equal to 15 µg/g creatinine |
| Chromium | No clear reference standard |
| Cobalt | Normative excretion: 0.1-1.2 µg/L (serum), 0.1-2.2 µg/L (urine) |
| Copper | Normative excretion: 25 µg/24 h (urine) |
| Iron | <ul style="list-style-type: none"> • Nontoxic: less than 300 µg/dL • Severe: greater than 500 µg/dL |
| Lead | Pediatric |

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| Metal | Toxic Levels (Normal Levels Where Indicated) |
|--------------|---|
| | <ul style="list-style-type: none"> • Symptoms or blood lead level greater than or equal to 45 µg/dL (blood) • CDC level of concern: 5 µg/dL <p>Adult</p> <ul style="list-style-type: none"> • Symptoms or blood lead level greater than or equal to 70 µg/dL • CDC level of concern: 10 µg/dL |
| Manganese | No clear reference standard |
| Mercury | Background exposure normative limits: 1-8 µg/L (whole blood); 4-5 µg/L (urine) |
| Nickel | <ul style="list-style-type: none"> • Excessive exposure: greater than or equal to 8 µg/L (blood) • Severe poisoning: greater than or equal to 500 µg/L (8-h urine) |
| Selenium | <ul style="list-style-type: none"> • Mild toxicity: greater than 1 µg/L (serum); • Serious toxicity: greater than 2 µg/L |
| Silver | Asymptomatic workers have mean levels of 11 µg/L (serum) and 2.6 µg/L (spot urine) |
| Thallium | 24-hour urine thallium greater than 5 µg/L |
| Zinc | Normative range: 0.6-1.1 mg/L (plasma), 10-14 µg/L (red cells) |

Adapted from Adal (2018) CDC: Centers for Disease Control and Prevention

A hair analysis is useful to assess mercury exposure in epidemiologic studies. However, hair analysis in individual patients must be interpreted with consideration of the patient’s history, signs, and symptoms, and possible alternative explanations. Measurement of blood and urine mercury levels can exclude exogenous contamination; therefore, blood or urine mercury levels may be more robust measures of exposure in individual patients.

Cross-reference:

MP-2.304 Autism Spectrum Disorders

MP-2.312 Genetic Testing for Hereditary Hemochromatosis

II. PRODUCT VARIATIONS

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This policy is only applicable to certain programs and products administered by Capital Blue Cross and subject to benefit variations as discussed in Section VI. Please see additional information below.

FEP PPO- Refer to FEP Medical Policy Manual. The FEP Medical Policy manual can be found at:

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<https://www.fepblue.org/benefit-plans/medical-policies-and-utilization-management-guidelines/medical-policies> .

III. DESCRIPTION/BACKGROUND

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Chelation therapy is an established treatment for the removal of metal toxins by converting them to a chemically inert form that can be excreted in the urine. Chelation therapy comprises intravenous or oral administration of chelating agents that remove metal ions such as lead, aluminum, mercury, arsenic, zinc, iron, copper, and calcium from the body. Specific chelating agents are used for particular heavy metal toxicities. For example, desferrioxamine (not FDA-approved) is used for patients with iron toxicity, and calcium-ethylenediaminetetraacetic acid (EDTA) is used for patients with lead poisoning. (Disodium-EDTA is not recommended for acute lead poisoning due to the increased risk of death from hypocalcemia.)

Another class of chelating agents, called metal protein attenuating compounds (MPACs), is under investigation for the treatment of Alzheimer disease, which is associated with the disequilibrium of cerebral metals. Unlike traditional systemic chelators that bind and remove metals from tissues systemically, MPACs have subtle effects on metal homeostasis and abnormal metal interactions. In animal models of Alzheimer disease, they promote the solubilization and clearance of beta amyloid by binding its metal-ion complex, and also inhibit redox reactions that generate neurotoxic free radicals. MPACs therefore interrupt 2 putative pathogenic processes of Alzheimer disease. However, no MPACs have received FDA approval for the treatment of Alzheimer disease.

Chelation therapy also has been discussed as a treatment for other indications including atherosclerosis and autism. For example, EDTA chelation therapy has been proposed in patients with atherosclerosis as a method of decreasing obstruction in the arteries.

Regulatory Status

In 1953, EDTA (Versenate) was approved by the U.S. Food and Drug Administration (FDA) for lowering blood lead levels among both pediatric and adult patients with lead poisoning. In 1991, succimer (Chemet) was approved by FDA for the treatment of lead poisoning in pediatric patients only. The FDA approved disodium-EDTA for use in selected patients with hypercalcemia and for use in patients with heart rhythm problems due to intoxication with digitalis. In 2008, FDA withdrew approval of disodium-EDTA due to safety concerns, and recommended that other forms of chelation therapy be used.

Several iron chelating agents are FDA-approved:

- In 1968, deferoxamine (Desferal®; Novartis) was approved by FDA for subcutaneous, intramuscular, or intravenous injections to treat acute iron intoxication and chronic iron overload due to transfusion-dependent anemia. Several generic forms of deferoxamine have been approved by FDA.
- In 2005, deferasirox (Exjade®; Novartis) was approved by FDA, is available as a tablet for oral suspension, and is indicated for the treatment of chronic iron overload due to blood transfusions in patients ages 2 years and older. Under the accelerated approval program, FDA expanded the indications for deferasirox in 2013 to include

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treatment of patients age 10 years and older with chronic iron overload due to non-transfusion-dependent thalassemia syndromes and specific liver iron concentration and serum ferritin levels. A generic version of deferasirox tablet for oral suspension has also been approved by FDA. In 2015, an oral tablet formulation for deferasirox (Jadenu™) was approved by FDA. All formulations of deferasirox carry a black box warning because it may cause serious and fatal renal toxicity and failure, hepatic toxicity and failure, and gastrointestinal hemorrhage. As a result, treatment with deferasirox requires close patient monitoring, including laboratory tests of renal and hepatic function.

- In 2011, the iron chelator deferiprone (Ferriprox®) was approved by FDA for treatment of patients with transfusional overload due to thalassemia syndromes when another chelation therapy is inadequate. Deferiprone is available in tablet and oral solution. Ferriprox® carries a black box warning because it can cause agranulocytosis that can lead to serious infections and death. As a result, absolute neutrophil count should be monitored before and during treatment.

In a June 2014 warning to consumers, FDA advised that FDA-approved chelating agents would be available by prescription only. There are no FDA-approved over-the-counter chelation products.

IV. RATIONALE

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SUMMARY OF EVIDENCE

For individuals who have Alzheimer disease, or cardiovascular disease, or autism spectrum disorder, or diabetes, or multiple sclerosis, or arthritis who receive chelation therapy, the evidence includes a small number of RCTs and case series. Relevant outcomes are symptoms, change in disease status, morbid events, functional outcomes, health status measures, quality of life, and treatment-related morbidity. One RCT (the Trial to Assess Chelation Therapy) reported that chelation therapy reduced cardiovascular events in patients with previous myocardial infarction and that the benefit was greater in diabetic patients compared with nondiabetic patients. However, this trial had significant limitations (e.g., high dropout rates) and, therefore, conclusions are not definitive. For other conditions, the available RCTs did not report improvements in health outcomes with chelation therapy and, as evidence, the case series are inadequate to determine efficacy. The evidence is insufficient to determine the effect of the technology on health outcomes.

V. DEFINITIONS

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HEAVY METALS refer to metals such as mercury, lead, chromium, arsenic, and cadmium, which have known toxic effects on internal organs (i.e. kidneys, brain, bone, retina).

HEMOCHROMATOSIS is a genetic disease marked by excessive absorption and accumulation of iron into the body.

THALASSEMIA refers to a group of hereditary anemias occurring in populations bordering the Mediterranean and in Southeast Asia.

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WILSON'S DISEASE is a hereditary syndrome, which permits accumulation of copper in various organs (i.e., brain, liver, kidney, and cornea).

VI. BENEFIT VARIATIONS [TOP](#)

The existence of this medical policy does not mean that this service is a covered benefit under the member's health benefit plan. Benefit determinations should be based in all cases on the applicable health benefit plan language. Medical policies do not constitute a description of benefits. A member's health benefit plan governs which services are covered, which are excluded, which are subject to benefit limits and which require preauthorization. There are different benefit plan designs in each product administered by Capital BlueCross. Members and providers should consult the member's health benefit plan for information or contact Capital BlueCross for benefit information.

VII. DISCLAIMER [TOP](#)

Capital Blue Cross's medical policies are developed to assist in administering a member's benefits, do not constitute medical advice and are subject to change. Treating providers are solely responsible for medical advice and treatment of members. Members should discuss any medical policy related to their coverage or condition with their provider and consult their benefit information to determine if the service is covered. If there is a discrepancy between this medical policy and a member's benefit information, the benefit information will govern. If a provider or a member has a question concerning the application of this medical policy to a specific member's plan of benefits, please contact Capital Blue Cross' Provider Services or Member Services. Capital Blue Cross considers the information contained in this medical policy to be proprietary and it may only be disseminated as permitted by law.

VIII. CODING INFORMATION [TOP](#)

Note: This list of codes may not be all-inclusive, and codes are subject to change at any time. The identification of a code in this section does not denote coverage as coverage is determined by the terms of member benefit information. In addition, not all covered services are eligible for separate reimbursement.

Investigational for all indications:

| Procedure Codes | Description |
|-----------------|--|
| M0300 | IV chelation therapy (chemical endarterectomy) |

NaEDTA is considered not medically necessary as FDA has removed approval for its use with chelation therapy; therefore, not covered:

| Procedure Codes | Description |
|-----------------|------------------------------|
| J3520 | Edetate disodium, per 150 mg |

Covered when medically necessary:

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| Procedure codes | | | | | | |
|-----------------|-------|--|--|--|--|--|
| J0470 | S9355 | | | | | |

| ICD-10 CM Diagnosis Code | Description |
|--------------------------|---|
| T56.0X1A | Toxic effect of lead and its compounds, accidental (unintentional), initial encounter |
| T56.0X1D | Toxic effect of lead and its compounds, accidental (unintentional), subsequent encounter |
| T56.0X2A | Toxic effect of lead and its compounds, intentional self-harm, initial encounter |
| T56.0X2D | Toxic effect of lead and its compounds, intentional self-harm, subsequent encounter |
| T56.0X3A | Toxic effect of lead and its compounds, assault, initial encounter |
| T56.0X3D | Toxic effect of lead and its compounds, assault, subsequent encounter |
| T56.0X4A | Toxic effect of lead and its compounds, undetermined, initial encounter |
| T56.0X4D | Toxic effect of lead and its compounds, undetermined, subsequent encounter |
| T56.1X1A | Toxic effect of mercury and its compounds, accidental (unintentional), initial encounter |
| T56.1X1D | Toxic effect of mercury and its compounds, accidental (unintentional), subsequent encounter |
| T56.1X2A | Toxic effect of mercury and its compounds, intentional self-harm, initial encounter |
| T56.1X2D | Toxic effect of mercury and its compounds, intentional self-harm, subsequent encounter |
| T56.1X3A | Toxic effect of mercury and its compounds, assault, initial encounter |
| T56.1X3D | Toxic effect of mercury and its compounds, assault, subsequent encounter |
| T56.1X4A | Toxic effect of mercury and its compounds, undetermined, initial encounter |
| T56.1X4D | Toxic effect of mercury and its compounds, undetermined, subsequent encounter |
| T56.891A | Toxic effect of other metals, accidental (unintentional), initial encounter |
| T56.891D | Toxic effect of other metals, accidental (unintentional), subsequent encounter |
| T56.892A | Toxic effect of other metals, intentional self-harm, initial encounter |
| T56.892D | Toxic effect of other metals, intentional self-harm, subsequent encounter |
| T56.893A | Toxic effect of other metals, assault, initial encounter |
| T56.893D | Toxic effect of other metals, assault, subsequent encounter |
| T56.894A | Toxic effect of other metals, undetermined, initial encounter |

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| ICD-10 CM Diagnosis Code | Description |
|---------------------------------|---|
| T56.894D | Toxic effect of other metals, undetermined, subsequent encounter |
| T56.94XA | Toxic effect of unspecified metal, undetermined, initial encounter |
| T56.94XD | Toxic effect of unspecified metal, undetermined, subsequent encounter |
| T57.0X1A | Toxic effect of arsenic and its compounds, accidental (unintentional), initial encounter |
| T57.0X1D | Toxic effect of arsenic and its compounds, accidental (unintentional), subsequent encounter |
| T57.0X2A | Toxic effect of arsenic and its compounds, intentional self-harm, initial encounter |
| T57.0X2D | Toxic effect of arsenic and its compounds, intentional self-harm, subsequent encounter |
| T57.0X3A | Toxic effect of arsenic and its compounds, assault, initial encounter |
| T57.0X3D | Toxic effect of arsenic and its compounds, assault, subsequent encounter |
| T57.0X4A | Toxic effect of arsenic and its compounds, undetermined, initial encounter |
| T57.0X4D | Toxic effect of arsenic and its compounds, undetermined, subsequent encounter |
| R78.79 | Finding of abnormal level of heavy metals in blood |

| Procedure codes | | | | | | |
|------------------------|-------|--|--|--|--|--|
| J0600 | S9355 | | | | | |

| ICD-10 CM Diagnosis Codes | Description |
|----------------------------------|--|
| T56.0X1A | Toxic effect of lead and its compounds, accidental (unintentional), initial encounter |
| T56.0X1D | Toxic effect of lead and its compounds, accidental (unintentional), subsequent encounter |
| T56.0X2A | Toxic effect of lead and its compounds, intentional self-harm, initial encounter |
| T56.0X2D | Toxic effect of lead and its compounds, intentional self-harm, subsequent encounter |
| T56.0X3A | Toxic effect of lead and its compounds, assault, initial encounter |
| T56.0X3D | Toxic effect of lead and its compounds, assault, subsequent encounter |
| T56.0X4A | Toxic effect of lead and its compounds, undetermined, initial encounter |
| T56.0X4D | Toxic effect of lead and its compounds, undetermined, subsequent encounter |
| T56.891A | Toxic effect of other metals, accidental (unintentional), initial encounter |
| T56.891D | Toxic effect of other metals, accidental (unintentional), subsequent encounter |
| T56.892A | Toxic effect of other metals, intentional self-harm, initial encounter |

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| ICD-10 CM Diagnosis Codes | Description |
|----------------------------------|---|
| T56.892D | Toxic effect of other metals, intentional self-harm, subsequent encounter |
| T56.893A | Toxic effect of other metals, assault, initial encounter |
| T56.893D | Toxic effect of other metals, assault, subsequent encounter |
| T56.894A | Toxic effect of other metals, undetermined, initial encounter |
| T56.894D | Toxic effect of other metals, undetermined, subsequent encounter |
| T56.94XA | Toxic effect of unspecified metal, undetermined, initial encounter |
| T56.94XD | Toxic effect of unspecified metal, undetermined, subsequent encounter |
| R78.71 | Abnormal lead level in blood |
| R78.79 | Finding of abnormal level of heavy metals in blood |

| Procedure codes | | | | | | |
|------------------------|-------|--|--|--|--|--|
| J0895 | S9355 | | | | | |

| ICD-10 CM Diagnosis Codes | Description |
|----------------------------------|---|
| T45.4X1A | Poisoning by iron and its compounds, accidental (unintentional), initial encounter |
| T45.4X1D | Poisoning by iron and its compounds, accidental (unintentional), subsequent encounter |
| T45.4X2A | Poisoning by iron and its compounds, intentional self-harm, initial encounter |
| T45.4X2D | Poisoning by iron and its compounds, intentional self-harm, subsequent encounter |
| T45.4X3A | Poisoning by iron and its compounds, assault, initial encounter |
| T45.4X3D | Poisoning by iron and its compounds, assault, subsequent encounter |
| T45.4X4A | Poisoning by iron and its compounds, undetermined, initial encounter |
| T45.4X4D | Poisoning by iron and its compounds, undetermined, subsequent encounter |
| T56.891A | Toxic effect of other metals, accidental (unintentional), initial encounter |
| T56.891D | Toxic effect of other metals, accidental (unintentional), subsequent encounter |
| T56.892A | Toxic effect of other metals, intentional self-harm, initial encounter |
| T56.892D | Toxic effect of other metals, intentional self-harm, subsequent encounter |
| T56.893A | Toxic effect of other metals, assault, initial encounter |
| T56.893D | Toxic effect of other metals, assault, subsequent encounter |
| T56.894A | Toxic effect of other metals, undetermined, initial encounter |
| T56.894D | Toxic effect of other metals, undetermined, subsequent encounter |
| T56.94XA | Toxic effect of unspecified metal, undetermined, initial encounter |
| T56.94XD | Toxic effect of unspecified metal, undetermined, subsequent encounter |

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| ICD-10 CM Diagnosis Codes | Description |
|----------------------------------|---|
| D56.0 | Alpha thalassemia |
| D56.1 | Beta thalassemia |
| D56.2 | Delta-beta thalassemia |
| D56.3 | Thalassemia minor |
| D56.5 | Hemoglobin E-beta thalassemia |
| D56.8 | Other thalassemias |
| D56.9 | Thalassemia, unspecified |
| E83.111 | Hemochromatosis due to repeated red blood cell transfusions |

IX. REFERENCES

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X. POLICY HISTORY

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| MP 4.005 | 8/12/20 Consensus review. No change to policy statements. References updated; Heavy Metal Label Table revised. Coding reviewed dx codes I49.8 and I49.9 added, T56.1XC1S and T56.6X1S removed. |
| | 7/29/21 Consensus review. No change to policy statement. References reviewed and updated. |
| | 7/28/2022 Administrative update. Deleted code I47.2. Effective 10/1/22 |
| | 12/9/2022 Minor Review. Revised the MN criteria to be specific to each chelation therapy. Updated coding to match. References updated. |
| | 8/22/2023 Consensus review. No change to policy statement. References reviewed and updated. No change to coding. |

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